



NAMI Maryland



### *NAMI Walks' 15<sup>th</sup> Anniversary Improving Lives & Our Communities*

Advocates, families, and individuals affected by mental health conditions gathered at Baltimore's Inner Harbor on Saturday, May 20<sup>th</sup> and walked to raise awareness and to challenge the stigma of mental health.

In the Baltimore metro area, more than 40 teams participated, including Team Synergy Financial Group's (SFG) Co-Founder, Steve Spurrier, & his family, and Cathy Sciarrino, Operations Manager, with her husband, Jamie.

Every dollar raised through NAMI Walks Maryland will provide life-saving mental health resources, education, and support.

If you would like to help those impacted, please go to <http://namibaltimore.org/get-involved/donate/> to learn what your gift makes possible. The website is open and will continue to accept donations until July 20<sup>th</sup>.

To learn more about NAMI Metro Baltimore's programs and services, please visit [www.namibaltimore.org](http://www.namibaltimore.org) or contact the HelpLine at 410-435-2600.